



.D R.CONGO

KINSHASA

CAPACITY BUILDING PROJECT FOR GIRLS CHILDBEARING, PUPILS AND  
STUDENTS MEDICAL INSTITUT KNOWLEDGE OF THE RELATIONSHIP  
BETWEEN THE SEX, HIV AND REPRODUCTIVE HEALTH IN KINSHASA AND  
BAS CONGO

By

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## **II. BACKGROUND**

The RIGIAC SANNAM AIDS is a network (platform) associations of nurses and midwives of the DRC committed to the fight against HIV / AIDS. it was created April 2, 2001. He is a founding member of SANNAM. (SADC AIDS NETWORK OF NURS AND MIDWISE) There are several organizations which include: IFS, CREFFS, ABCD, ANIC PROMESTRRA, UNAAC, CONAFI, AIEEVS, LIEF, SOLSICO, THE BUILDERS

In the DRC, RIGIAC is a member of civil society in the fight against HIV / AIDS  
The main goal pursued by RIGIAC is to coordinate the activities of associations of nurses in HIV / AIDS and support PLWHA as well as in health in the community  
The objectives RIGIAC are:

- Supporting nurses and midwives to expand the profession's response to the HIV / AIDS in the country;
- To study the impact of HIV / AIDS on nursing and on the personal lives of nurse-midwives;
- Establish a well-coordinated network of partners at national, regional and international associations strengthen responses to the HIV / AIDS;
- To make visible the contribution of nurses and midwives in the prevention, care and moral support of PLWHA
- Promote efforts retention of nurses in the profession;
- Facilitate consultation and develop exchanges of experience among members;
- Strengthen the institutional capacity of member associations
- Develop an advocacy and lobbying exercise with communities, policy makers and national and international partners;
- To mobilize domestic resources and external in order to make effective business associations of nurses, health institutions and NGOs engaging nurses
- Develop a partnership with other agencies to play a representative and participatory development of the contribution of the nursing profession.

### **II.3.BENEFICIARIES AND KEY PLAYERS**

All young people of reproductive age students whose medical and technical institutes, students of higher institutes and universities, the girls are idle beneficiaries and priority targets of this project. To supervise these students, we found it useful to incorporate their teachers to sustain the achievements of the project.

This will be done by associations and CBOs network RIGIAC after their capacity building.

### **II.4.THE PROBLEM SOLVING**

In DRC, the prevalence of HIV / AIDS among youth and adolescents was 3.6% in 2006. The problems to solve are:

- Ignorance of the major issues concerning sexuality
- Inadequate or lack of proper supervision on the part of educators (parents and

teachers) on issues related to sexuality;

- Risk Behavior: casual sex and unprotected sex with multiple partners;
- Lack of awareness of risk behaviors;
- Low use of condoms during risky sex;
- Inability to negotiate safe sex with older partners
- Limited access to information and services;
- Precocity sex: sexual debut before the age of 15 to 15% of girls and 21% of boys.
- 20% of raped women are HIV positive, most of whom are young people aged 15 to

## **II.5. OTHER ACHIEVEMENTS**

- Support legal and psychosocial 20 women victims of sexual violence in the city-province of Kinshasa
- Capacity building of leaders RIGIAC by ARASA on HIV, TB and human right.
- Participation in several regional workshops organized by SANNAM in Pretoria from 2004 to 2011

## **III. INTERVENTION**

### **III.1. GENERAL PURPOSE**

Strengthen the capacity of 15,000 girls of childbearing age on knowledge of the relationship between law, sexuality, HIV and reproductive health in the provinces of Bas Congo and Kinshasa.

### **III.2. SPECIFIC OBJECTIVES**

- Train 20 trainers among association members and CBOs on sexual health, reproductive and reproductive health and HIV within 18 months
  - Organize 240 awareness sessions for young people in reproductive age in Kinshasa and Bas Congo in 18 months
- Make available inputs outreach in Bas Congo in Kinshasa within 18 months
- Provide medical assistance and psychosocial 20 survivors of sexual violence in Kinshasa and Bas Congo in 18 months
- Train members of the 50 activists network with regional expertise on advocacy on sexual rights, reproductive health and HIV by 18 months
- Monitoring and evaluation activities in two provinces within 18 months

### **III.3. EXPECTED RESULTS**

- 20 trainers among association members and CBOs are trained on sexual health, reproductive and reproductive health and HIV
- 240 awareness sessions for young people in reproductive age are organized in Kinshasa by the end of 18 months
- Awareness inputs are made available

- medical assistance and psychosocial 20 survivors of sexual violence are provided
- monitoring and evaluation activities are conducted in two provinces
- Make available inputs awareness
- Organize three advocacy visits and exchange of experience with three countries in the SADC region two months before the end of the project

#### • III. 4. ACTIVITIES

- Organize the training of trainers session on sexual health, reproductive and HIV
- Educate 15,000 young people of reproductive age in Kinshasa and Bas Congo by the end of 18 months
- Educate at least 1,000 students per month
- To equip trainers inputs awareness
- Organize students in clubs or associations to represent their interests and rights
- Ensure monitoring and evaluation activities in two provinces of Bas Congo and Kinshasa
- Develop tools for data collection
- Ensure the supervision of associations with RIGIAC
- Organize an advocacy visit and exchange with 3 countries in the SADC region

#### V. IMPLEMENTATION OF THE PROJECT

ACTIVITES	RESSOURCES	QUANTITES	C.U \$	DUREE	C.T. (\$)
Train the trainers with regional expertise					25,000
Educate 15,000 young people of reproductive age in Kinshasa and Bas Congo by the end of 18 months		240 awareness sessions		1	48,000
To equip trainers inputs awareness					local Contribution
Organizing Kids club or association to represent their interests and right					1000

Develop tools for data collection		-		1day  -	Local Contribution
Supervision to ensure the associations RIGIAC HR:		6 visits by province	600		14,400
Organize advocacy visits and exchange of experience with three countries in the SADC region		3	5000		10,000
Coordination of project activities					20,000
Support medical and psychological WOMEN 20 survivors of sexual violence					15,500
Legally accompany 20 women survivors of sexual violence					3,500
Keep sessions advocacy with political and administrative authorities on the right to reproductive health, HIV and sexual violence					7,000
Make the project visible					5,000
<b>TOTAL</b>					<b>100,000</b>